

Leonie Joanne
BROWN.

bestselling author, transformational coach
and trainer presents

12-Month Facilitator
Training Program

BEYOND
2025 - 2026

MASTER THE ART OF
TRANSFORMATIONAL
COACHING



CALLING THE SOUL HOME, RETURN TO JOY

Experience a mystical journey of transformation and growth, and give birth to a new reality that transcends your wildest dreams.

Are you ready?

You are about to step into a sacred, transformative space—a metaphorical womb of rebirth and self-leadership. This journey is **both personal and professional**: a profound process of inner growth and renewal, paired with the mastery of skills, frameworks, and techniques to empower others as a transformational coach.

Embodiment lies at the core of this experience. True transformation begins when every cell of your being aligns with your inner shifts, allowing you to lead with authenticity, depth, and clarity.

As your mentor, I hold space for you to explore, expand, and rise into your highest potential. My role is to **nurture your growth**, ignite your **inner light**, and ensure that you feel **supported** as you embrace joy and **purpose**. Because isn't a life anchored in connection, abundance, love, and creativity what you truly aspire to share with the world?

Welcome to the **BEYOND Radical Transformation Facilitator Training Program**—your next step toward becoming an extraordinary transformational coach.

With purpose and passion,

Leonie

TRANSFORM LIVES AND *EXPAND YOUR IMPACT*

This program is designed for visionary leaders, conscious creators, healers, coaches, mentors, guides and mission-driven entrepreneurs ready to align with their soul's mission, amplify their impact, and empower others on their journeys.

Over the past decade, I've crafted a unique approach through 1:1 mentorship, hundreds of online events, live workshops, two books, and nearly 50 retreats—directly supporting over 7,000 individuals in their inner transformations. Now, all of that experience and wisdom is woven into this 12-month Facilitator Training.

You'll gain access to my "Inner Kitchen," where I'll reveal how I create in surrender and alignment—from nothing to inspired manifestation. Together, we'll explore the art and science of creation, deepening your understanding of the creative process itself.

While the exact outcomes of this container will unfold organically, what is certain is that you'll emerge equipped to pass on these transformative tools, theories, and practices. Together, we will co-create, embracing the unknown and surrendering to the magic of what wants to come through.

This journey isn't just about learning techniques—it's about becoming transformation itself and embodying it in every aspect of your being.

Are you ready to step in?

BEYOND invites you into a renewed consciousness, elevating you to a higher vibrational frequency.

We transcend our individual stories, delving into deeper questions: Who were you before inhabiting this body?

What immense wisdom, passed down through countless generations, resides within your cells, waiting to be unveiled?

WHAT CAN YOU EXPECT?

Deep Transformation & Next-Level Shift



BEYOND ignites your **rebirth**. Expect profound changes and accelerated growth in your life, relationships, and work.



We delve **deep—intensely**, intensely, penetratingly, tangibly, and visibly. We work on the soul level, transcending everything you know or are accustomed to. Anticipate a radical shift, a quantum leap towards a new version of yourself.



You start precisely where you are now, with your current ideas and desires. It can be anything, really. Your intention for the Beyond Facilitator Training Program doesn't have to be specific, as long as it's a genuine, **heartfelt desire** that propels you forward and ignites enough passion to manifest change in your business, projects, relationships, and within yourself.



By the end of the year, you will feel firmly **grounded in yourself**—wiser, lighter, liberated, and fulfilled.



WOMB CONSCIOUSNESS:

where the power of creation meets
the wisdom of eternity.

In our spiritual womb, the seeds
of our transformation take root.

Here, you awaken to your infinite potential.

FACILITATOR TRAINING - *TRAIN THE TRAINER*

As your mentor, my role is to guide you in reconnecting with the source of inner wisdom that has been passed down through generations—a wisdom that is deeply rooted within us and intertwined with universal consciousness. Through this journey, we confront collective trauma and transcend the personal stories or wounds that often define us.

BEYOND is not just a facilitator training; it's an invitation to step beyond everything you think you know. This program challenges you to move beyond the narratives you've inherited, the stories you've told yourself, and even the techniques you've learned. It's about uncovering and embodying the centuries of wisdom that lie dormant within, waiting to awaken and be shared.

While you may aspire to incorporate tools like dot-line-write meditation, constellations, and other transformative practices into your work, the essence of this training goes deeper. It's about opening to your own inner knowledge and embracing a greater universal truth. The techniques are simply a vehicle for passing on this timeless wisdom—not only what you acquire here, but the wisdom that has been alive within you all along.

BEYOND is for those ready to become conduits of transformation—not just for their clients but for humanity itself. Together, we'll step into a realm of deeper knowing, profound healing, and collective evolution.

Over the course of a year, you engage in small practice groups to ensure thorough integration of the teachings.

Are you ready to let go of the old
and undergo
a transformative experience?

HOW IS THE BEYOND TRAINING PROGRAM STRUCTURED?

MODULE #1:

At the Point of No Return

We begin precisely where you are now. We acquaint ourselves with emptiness and the unknown. You find yourself at a juncture where you realize: I cannot return to the old; I can only learn to embrace the new.

Through the practice of dot-line-write meditation, you learn to create from nothing, from the state of not-knowing, and surrender.

MODULE #2:

From Split to Unity: Calling the Soul Home

In this module, we focus on restoring our inner balance. Trauma, grief, emotional neglect, deep pain or sorrow, rejection, or criticism can lead to a fragmentation of ourselves at a young age. For instance, you may have “forgotten” your inherently creative and passionate nature, or you might believe that you “cannot feel” despite being highly sensitive. Our aim in this module is to reunite these fragmented aspects of ourselves.

We begin by acknowledging that these parts still exist and are constantly seeking our attention. We cultivate awareness, embracing our authentic story while letting go of projections, judgments, and anything that no longer serves us. The heart plays a central role in this process—continuously opening.

Topics we explore include the inner child, inner parents, inner critic, masculine and feminine aspects, intergenerational trauma, womb trauma, feelings of invisibility, fear of speaking, reluctance to occupy space, fear of embodiment, existential concerns, (fear of) sexuality, (fear of) connection, and more.

MODULE #3:

Deep Dive into our Primal Wounds

What is a mother wound? What is a father wound? What exactly constitutes a primal wound? And how do these wounds impact your adult life, your work, your relationships, and your overall existence?

What is your personal history and current dynamic with your parents? How challenging or effortless is it for you to surrender and trust? Do you grant yourself the space to feel secure? In this module, we explore and heal the primal wounded aspects within ourselves.

MODULE #4:

Primal Parenthood for Yourself.

From Primal Wound to Primal Trust

In this module, we focus on restoring and deepening trust in the Great Primal Mother and Father—the nurturing forces that support us. You'll practice surrendering to your own process, your creations, and life itself. True self-confidence can only take root when you dare to trust in something greater than yourself.

You'll reconnect with the maternal and paternal powers within, cultivating a sense of safety for yourself. Through guided practices, you'll engage in the act of creation from your belly, womb, and pelvis (hara for men). This exploration opens the door to the infinite space and potential that resides deep within you.

MODULE #5:

Kali, or Igniting Your Life Force

To facilitate rebirth, we must embrace our ANGER energy. This immense power is essential for creation. Anger energy encompasses our sexual (playful) energy and life force. We connect with the goddess Kali to channel our suppressed anger, sexuality, and any stagnant energy in our pelvis toward pure life force and strength. Embrace your wild essence!

MODULE #6: *Death & Rebirth*

In this module, we guide you through a symbolic death—a release of old patterns, stories, and identities that no longer serve you. This profound process creates space for your rebirth, allowing you to awaken with a fresh perspective and experience life through new eyes.

As you emerge, clarity born of love and joy becomes your compass. You begin to perceive the world differently, embracing unconditional love as a natural expression of your being. Through this transformation, you uncover a newfound freedom, a deep and abiding sense of JOY, and an unshakable feeling of safety within yourself.

MODULE #7: *From ME-Matrix to WE-Matrix - Holding Space*

How do you create a secure and supportive Matrix for others to thrive? In this module, you'll learn the art of holding space—whether it's for a writing session, a constellation, a workshop, or a retreat. We explore what it truly means to be a space holder and the responsibilities it entails.

You'll practice essential skills like deep listening, cultivating body presence, and maintaining non-judgmental awareness. These practices are key to fostering trust and connection in any group or individual setting. By shifting from a ME-centered approach to a WE-centered mindset, you'll discover how to create a safe and empowering environment where transformation can unfold naturally.

MODULE #8: *Connecting and Spreading Light and Love*

In this module, you step into the world as a beacon of light and love, ready to share your unique magic with others. Through connection and joyful surrender, you'll practice bringing your presence into real-life settings—whether in your own practice or in the broader “playground” of the world.

You'll cultivate essential qualities like vulnerability, softness, openness, and trust, leaning into genuine connection without fear of judgment or control. Old patterns of being stuck or rigid give way to fluidity and freedom. With your newfound clarity and strength, you stand firmly in your place, ready to inspire and uplift those around you.

MODULE #9: *From Source to Circle: Embracing Endless Creation and Transformation*

In this final module, we celebrate the new YOU and the creations that have emerged during this transformative journey. What has unfolded transcends everything you've known or experienced before, revealing possibilities beyond imagination.

As we reach the program's conclusion, we pause to reflect deeply, summarizing and integrating all we've learned. Together, we turn our insights and experiences inside out and upside down, revisiting the starting point with fresh eyes and expanded awareness.

This is a moment of awe and gratitude—a time to honor the process, the growth, and the infinite possibilities that now lie ahead. You leave not only with a new understanding of yourself but also with a renewed connection to the endless cycle of creation and transformation.



WHAT DO YOU LEARN?

- ✿ You are initiated into the secrets of coaching through the dot-line-write meditation, with the starting point being my book, 'Writing towards Consciousness.' You also learn how to utilize the dot-line meditation as preparation for working with systemic constellations.
- ✿ Meditations, systemic constellations, and writing exercises focus on opening the heart, belly, and pelvis, as well as on enhancing your speaking and writing voice.
- ✿ You engage in energetic and intuitive exercises and rituals, my personally tested 'hocus pocus' that really works.
- ✿ Practice includes Deep Listening—attuning to your body and extending that radical presence to listening to others.
- ✿ You partake in (guiding) Sharing Circles, where speaking and listening are approached with attention, presence, and awareness.
- ✿ Holding Space is practiced through exchange and connection. You learn to 'look beyond,' perceiving the invisible.
- ✿ Creation from the womb (or hara for men), from the 'Nothing,' from surrender, and trust are emphasized.
- ✿ You are introduced to various forms of constellation work, including Family Constellations, Intuitive Constellations, Soul Constellations, Online Constellations, Table Constellations (with dolls, drawings, or objects), Organizational Constellations, and many others.
- ✿ Systemic and mystical rituals are explored and practiced.
- ✿ The power of Healing Phrases and their application in systemic constellations is taught.
- ✿ You practice Soul Retrieval and Rebirthing.
- ✿ Deepening your Inner Child and Outer Child work is a focus, as well as learning to set and maintain boundaries.
- ✿ Tuning in, Channeling and Transmission are skills developed.

Our ultimate aim is to experience unity within ourselves. The convergence of dualities—man-woman, father-mother, past-future, dark-light, life-death, emptiness-fullness, conscious-unconscious—culminates in the divine, still point of NOW.

At the still point of the turning world. Neither flesh nor fleshless;
Neither from nor towards; at the still point, there the dance is (...).

Except for the point, the still point,
There would be no dance, and there is only the dance.

T.S. Eliot, 1935



WHERE DOES IT TAKE PLACE?

The live sessions take place in the intimate safety and warmth of the beautiful Bernheim Medicine Land.

Address: Leistraat 1, Wiekevorst, Belgium.

For those coming from afar, Bernheim Medicine Land offers various options for accommodation, breakfast, and dinner.

The Beyond Advanced Training Retreat takes place on the island of Ikaria. Accommodation will be arranged for you.

Sounds good? Hell, yeah, I think so too!

+ BONUSES

Bonus 1: *Writing the Body*

During the BEYOND Training Retreat on the island of Ikaria, I will share my experiences and techniques as a Body Whisperer with you. You will have the opportunity to experience a Writing the Body session firsthand and learn how to incorporate it into your own practice.

Writing the Body is a sensory journey where your body enters deep relaxation, creating space for the integration of new growth within you. You will rediscover forgotten or neglected parts of your body and witness how they begin to communicate with each other, expressing their needs. Through this process, you will learn the art of translating the body's messages, becoming a true body whisperer.

Bonus 2: *Writing Towards Consciousness*

You will receive a signed copy of my book 'Writing Towards Consciousness, Finding Your True Story' (2023).



Beautifully written, very powerful, and healing!

Writing towards Consciousness serves as a guide, encouraging you to delve into the depths of your soul and authentically express your true self on paper. It empowers you to embark on a transformative healing journey, confidently embracing your life purpose.

**Ken Honda, Happy Money Mentor
and Japan's best-selling zen millionaire**

TESTIMONIALS

“

After experiencing a retreat on Ikaria, the Beyond Training Program felt like the natural next step for me. My gratitude and love know no bounds. Everything feels like it's in motion, flowing effortlessly. It's as if I've only just begun to fully connect with my life energy. I'm embracing living in the present moment, with all my senses wide open.

- Inne Peersman

“

It has been an incredible journey. I feel deeply rooted in my body now. As a coach and trainer, I reached a point where I felt stuck; I yearned for greater depth, more heart, and less head. The transformation I've experienced during the Beyond training has been profound. Having participated in numerous personal development courses, I can confidently say that this is the most impactful training I've encountered. Beyond words, actually.

- Greet Cox
Life & Career Coach

“

After taking part in the Summer Deep Dive in 2022, I felt a yearning for more. Joining the Beyond Training Program was a natural continuation of my inner journey. I experienced the training as a warm, safe, and nurturing environment where I could delve into myself and uncover what was hindering me from taking new steps. Indeed, a new direction in my life has been revealing itself. I sense that this entire process drew me closer to myself and to the yearnings of my soul. Since starting the year training, I've noticed - as my partner has observed - that I am much calmer and more centered, which also translates into being more engaged in life.

- Arjan van O.



YOUR GUIDE: LEONIE JOANNE BROWN

It is my
MISSION
to ANCHOR
you into
the depths
of your SOUL

Leonie is a transformational coach, best-selling author, and expert in systemic constellations and trauma healing. For over 10 years, she has helped visionaries, leaders, and seekers uncover their true selves and embrace their divine potential.

Through her work on the Greek island Ikaria, Leonie embodies the art of transformation, creating safe, nurturing spaces for profound inner shifts. Her retreats are an invitation to explore the depths of your being, unlocking new levels of clarity, courage, and joy.

A scenic view of the sea from Ikaria, featuring a stone wall, a large rock in the water, and a bright sun in a clear blue sky. The image is framed by a thin white border. The sun is in the top right corner, creating a lens flare. The sea is a deep blue, and the sky is a lighter blue with a few wispy clouds. In the foreground, there are green leaves on the left and a stone wall on the right. A large rock is in the water, with waves crashing against it.

*IKARIA,
MOTHER
ROCK*

Ikaria unexpectedly became my soul's destination. One day, I heard her unmistakable voice: 'Stay!' I planted my two feet firmly in her soil and took root. A woman alone in a crisis-stricken country whose language I did not speak, Ikaria challenged me and forced me to listen: "What do you truly want? Who are you really?" And I embraced the challenge.

I affectionately call her Mother Rock because she both triggers and heals our primal wounds, especially our mother wound. Ikaria embodies the essence of a Primordial (Birth) Mother, a cosmic womb that lovingly cradles her inhabitants. This profound resonance with me makes Ikaria our Sacred Space for the Beyond Training Retreat. Nestled in the midst of a deep blue sea, she is a Mountain Woman, Ancient Mother Rock, and Primordial Woman—rough, rugged, volcanic, yet vulnerable and strong simultaneously.

On the island of Ikaria, I learned the art of recreation from nothing, and with nothing—each endeavor an opportunity to delve deeper into self-discovery. This is precisely what I aim to share with you during the Beyond Training Program: How, by consciously engaging in the creative process, you too can shape a life that authentically reflects who you are, in your own unique way.

Ikaria is a celebration,
a dance, an exuberant feeling
of *FREEDOM*.
It represents long life
in the quirky rhythm
of tranquility and boundlessness.

In fact, Ikaria is as rebellious
as Icarus hit himself.
Here, the day only begins
in the night, moon and sun
and stars merge together
as one big smiling light.

LG.B.

FREQUENTLY ASKED QUESTIONS

Can I use the Dot-Line Writing Meditation as a method in my coaching practice?

“Writing to consciousness®” and the “Dot-Line Meditation®” are registered trademarks and methodologies of Comm. Vennootschap Joey Brown. After completing the year-long training, you have my blessing to use this writing meditation in your own practice, provided that you always mention the source, Leonie Joanne Brown.

Is this also for men?

Yes, of course! If you are a man and feel drawn to the program, you are absolutely welcome.

I am not a professional (and have no ambition in that regard), but I would like to participate in the Beyond Training Program. Is that possible?

Yes, it is possible. However, be warned: connecting with passionate, mission-driven entrepreneurs is highly contagious!

Have more questions?
Drop your questions into my inbox,
and I'll be happy to help.



Leonie Joanne
BROWN.

AUTHOR, TRANSFORMATIONAL COACH, SPEAKER AND TRAINER
MENTOR FOR VISIONARY LEADERS, CONSCIOUS CREATORS
AND MISSION-DRIVEN ENTREPRENEURS

Visit me at: leoniejoannebrown.com

Mail me at: info@leoniejoannebrown.com